



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



Ağrısız Bir Dünya için El Ele

Tek Gün. Tek Program.
Tüm Kıtalarda.
Eş Zamanlı

2. DÜNYA REJYONAL ANESTEZİ VE AĞRI TEDAVİSİ GÜNÜ

📅 25 Ocak 2025, Cumartesi

📍 Ankara Etlik Şehir Hastanesi Konferans Salonu

WORLD DAY



Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Info and Registrations
esraeurope.org

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

25 OCAK 2025

08:30 - 09:00

Opening

Derya Özkan
Julide Ergil

We have read the literature for you: Sister societies journal club

08:30 - 08:40

Regional anesthesia – Fatma Özkan Sipahioğlu

08:40 - 08:50

Perioperative care – Sanem Turhan

08:50 - 09:00

POCUS – Sedat Saylan

09:00 - 09:05

Discussion.

The joint club. Everything you need to know for HIP procedures - Chair: Derya Özkan

09:05 - 09:20

Back to basics. Anatomy – Gökçen Emmez

09:20 - 09:35

Evidence based practice. Evidence-based practical regional anesthesia applications in hip surgery – Musa Zengin

09:35 - 09:50

Block combinations in hip surgeries – Burak Eşkin

09:50 - 09:55

Discussion.

The ultrasound club. Tips and tricks for mastering.

09:55 - 10:10

How to teach ultrasound guided peripheral nerve blocks? – Alper Kılıçaslan

10:10 - 10:25

All about neuraxial ultrasound. – Banu Kılıçaslan

10:25 - 10:30

Discussion.

10:30 - 10:40

Coffee break

The AI and Green Club. What the future holds? - Chair: Hafize Öksüz

10:40 - 10:55

Advances and utility of artificial intelligence in regional anesthesia – Burak Nalbant

10:55 - 11:10

Environmental benefits of regional anesthesia. What do we know ? – Arzu Karaveli

11:10 - 11:15

Discussion.

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POCUS Horizons. From present insights to future directions.

11:15 - 11:30	Airway -Lung – Funda Gök
11:30 - 11:45	Vascular -Gastric – Perihan Ekmekçi
11:45 - 12:00	Echocardiography - Emel Gündüz
12:00 - 12:05	Discussion.

12:05 – 12:45 **LUNCH**

The acute and chronic pain medicine Club. Everything you need to know to avoid pain - Chair: Taylan Akkaya

12:45 - 13:00	Risk factors for chronic post surgical pain – Gökhan Yıldız
13:00 - 13:15	Biomarkers for chronic pain. Current evidence – Nurten İnan
13:15 - 13:30	Personalized program for post surgical pain. Ready for it? - Suna Akın Takmaz
13:30 - 13:45	The benefits of integrative medicine for chronic pain - Coşkun Araz
13:45 - 13:50	Discussion

The Mother and Child club. Everything you need to know about obstetrics and Pediatrics - Chair: Aslı Dönmez

13:50 - 14:05	Key points for spinal anesthesia in cesarean section – Feyza Çalışır
14:05 - 14:20	Safety Pediatric Regional Anesthesia – Gözen Öksüz
14:20 - 14:25	Discussion

14.25 - 14.35 **Coffee break**

14.35 - 16.05 Hands on clinical workshop (on models)

Station 1 - Upper extremity blocks	Station 4 - Abdominal wall blocks
Station 2 - Lower extremity blocks	Station 5 - Airway POCUS
Station 3 - Thoracic wall blocks	Station 6 - Vascular POCUS

TRAINERS:

Derya Özkan, Alper Kılıçaslan, İrfan Güngör, Perihan Ekmekçi, Funda Gök, Gözen Öksüz, Sanem Turhan Müge Çakırca, Savaş Altınsoy, Sehend Debbağ, Funda Atar, Özge Özen, Atakan Sezgi